



Consultant 6 week checklist

The purpose of the 6 week follow up is to find out if the client is having any adjustment problems and is listening consistently.

Ask the following questions and refer to your reference sheet "Assisting Clients through the Healing Crisis."

- Are you still listening? **Y / N** How many hours per day? _____
- Are you experiencing any changes or benefits?

- Are you having any temporary adjustment problems? **Y / N**
- Which ones? _____
- Have you read the page in the workbook about temporary adjustment problems? **Y / N**

Counsel on any problems as described on the sheet: Assisting Clients through the Healing Crisis

Notes and recommendations:

The Sound is too harsh

Pain in the ears

Colds or ear infections

Increases tiredness

Increased dizziness

Irritation

Blocked ear

Tinnitus

Headaches

Emotional healing
